

Basic Life Support

D Dangers?

R Responsive?

S Send for help Phone 000

A Open Airway

B Normal Breathing?

C Start CPR

30 compressions : 2 breaths if willing
if unwilling / unable to perform rescue breaths continue chest compressions

D Attach Defibrillator (AED)
as soon as available and follow its prompts

Continue CPR until responsiveness or normal breathing returns